



Sunday Workshop 14th October 2- 4pm Peer Spaces & Places

"What does it mean to create a support service with grassroots community involvement?"

In this brief workshop, Laura Cox will introduce the Living EDge project- a collaborative endeavor that involves the design, delivery and evaluation of a lived experience peer support model for individuals in suicidal distress. Based in Redland Bay, the Queensland Health-funded project is overseen by Helen Glover, Eschleigh Balzamo and Laura Cox; and is being co-designed with the Redlands community. The project is 3 months young and the team is in the thick of the co-design process. Laura will share the team's journey so far, and invite thoughts and feedback."

Dr Laura Cox is a Postdoctoral Research Fellow & Sessional Lecturer

School of Social Science University of Queensland

Launch of 'Our Sunshine place'

Over the past 3 years the Sunday Writing Group at a Place to Belong has been working on a collective creative non fiction account about recovery and rediscovery of the 'self' after a time of significant mental health distress. The first chapter focuses on the experiences in a psychiatric hospital. We have also written an academic comment on this chapter which has been published in the International Journal of Mental Health Nursing and is called Our Sunshine place.

The workshop is free.
Questions: Call A Place to Belong office on 3217-2522 or Damian on 0434-810-652.

St. Francis College,
233 Milton Rd., Milton
(Next door to the XXXX brewery, 100m from Milton Station). Enter via Baroona Rd between no.25 & 29 or via Milton Rd (city bound traffic only). Park in the grounds in visitor parking areas. Follow signs to Lecture Room 1).