

Orientation to

MENTAL HEALTH PASTORAL CARE

WEDNESDAY,
20TH JULY 2016

THIS WORKSHOP IS FOR PEOPLE WHO ASSIST OR ADVOCATE FOR OTHERS AND WHO ARE INTERESTED IN LEARNING MORE ABOUT MENTAL HEALTH AND PASTORAL CARE

REGISTRATIONS CLOSE FRIDAY, 15TH JULY 2016

A Day For

- demystifying and humanising mental health for pastoral care workers and chaplains;
- enabling members of the community to make a difference in the lives of people who face mental health difficulties;
- equipping members of the community to walk alongside those affected by mental ill-health;
- informing members of the community of the resources available to help people in dealing with Mental Health and Wellbeing;
- raising awareness of how the Mental Health System works.

Keynote Speaker – Rev. Linda MacWilliam – *Companioning in Mental Health*

Linda has over two decades of experience working within the healthcare system including mental health, oncology, palliative care and bereavement support and education. She is passionate about supporting people in these areas through spiritual and pastoral care and this is reflected in her role as Director of Mission & Social Justice for Anglicare SQ where she developed a network of spiritual and pastoral care workers throughout Anglicare who connect with people on a variety of life issues. This, together with her own personal and family life experiences, has given Linda a deep understanding and care for those in need, qualifying her to speak openly about significant human issues of pain, hope, distress and faith.

This event is organised by a cross-denominational committee.

The registration process is under the auspices of A Place To Belong.

Phone: 3217 2522 | Fax: 3217 2274 | Email: Carlos@aplacetobelong.org.au

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Chermside Kedron Community Church, 590 Gympie Road, Chermside

Parking at rear of church. ATM within short walking distance



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PROGRAM

9.00 am	Arrive, Meet and Refreshments Registrations and Café open from 8.30 am Order lunch if needed and see resources tables
9.30 am	Introduction, Story and Discussion
10.30 am	Morning Tea and See Resources Tables
11.00 am	Key Note Speaker — Linda MacWilliam — Companioning in Mental Health
12.30 pm	Lunch and See Resources Tables
1.15 pm	Optional Seminars: <ol style="list-style-type: none">1. Companioning families with children with behavioural challenges2. The journey of love to bring healing for mental health issues and addictions3. Coffee Chaplaincy — companioning people in mental health hospital wards4. Promoting the mental health of young people5. Companioning elderly people with mental health challenges
2.30 pm	Afternoon Tea and See Resources Tables
3.00 pm	Understanding the Mental Health System — Dr. Ann Solari, Jacinta Lipp (Nurse Trainer PA Hospital), Grant Nelson (Chaplain) and Others
3.45 pm	Presentation of Certificates, Evaluation and Updates
4 pm	Close

FOR MORE INFORMATION

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REGISTRATION FORM - ORIENTATION TO MENTAL HEALTH IN PASTORAL CARE

YOUR DETAILS Title: _____ Name: _____

Street: _____ Suburb: _____ Postcode: _____

Phone: _____ Email: _____

Please indicate the number of the afternoon optional seminar you would most like to attend: _____

Cost: \$45 per person (includes morning & afternoon tea, participant's notes, certificate)

PAYMENT Cash Cheque / Money Order (Payable to A Place to Belong) Visa Mastercard

Card Holder Name: _____ Account Number: _____

Expiry: _____/_____/_____ Card Holder Signature: _____

This form is your official tax invoice, GST included. Anglicare Southern Queensland ABN: 39 906 010 979.

Please return the form above to

Carlos Tamayo – A Place to Belong – PO Box 5873, West End, QLD 4101

Ph: 3217 2522 | Fax: 3217 2274 | Email: Carlos@aplacetobelong.org.au



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OPTIONAL AFTERNOON SEMINARS

1. Companionship families with children with behavioural challenges

Sue Suchocki

Sue is a wife, a mother and a friend. She and her husband are the parents of two children, one of whom has ADHD/ASD and learning difficulties, both who are now successful, independent young adults. Sue is a trainer, an advocate and a qualified practitioner and is passionate about working with others to make a difference in people's lives. She will enable participants to gain a greater understanding of the needs and appropriate and effective responses to families in their immediate and ongoing struggles.

2. The journey of love to bring healing for mental health issues and addictions

George Patriki

George is a dual diagnosis consultant who is passionate about empowering people to deal with their addictions. He will use a holistic perspective and draw from various frameworks – including principles of neuroplasticity – to equip us better for our engagements in mental health & addictions.

3. Coffee Chaplaincy- companionship people in mental health hospital wards

Kevin Hamer

Coffee chaplaincy is a multi-denominational team of volunteers who have been visiting the mental health wards in Nambour General Hospital for nearly 8 years. Visits include serving patients and staff with quality coffee, and nurturing an environment of inclusion, grace and friendship. This session will discuss why they go, what they do, and ground it all in a biblical framework that reflects Jesus. Plenty of time will also be available for questions and discussion.

4. Promoting the Mental Health of Young People

Steve Forward

Adolescence is an important time for the development of good mental health and for the identification of mental health issues. In this session, we will engage with a panel of youth mental health professionals to talk about how every interested person can promote positive mental health and respond to the mental health issues that young people face.

5. Companionship elderly people with mental health challenges

Michael Stublely

Michael is a Mental Health Practitioner Manager in Wesley Mission Brisbane. Michael will describe how we can respond to elderly people experiencing mental health challenges.

TRAINING APPROACH

This day will involve workshops – not lectures. The day is an orientation to mental health involving engaging with our shared vulnerability and involving far more than learning simple technical approaches.

We acknowledge the personal, spiritual, creative, hopeful and artistic dimensions of our work as we engage with people who are grappling with their mental and emotional health.

We invite you to come, to listen, to reflect, to meet, to discuss – and to take what parts of the day might be useful or relevant to your role.

The best efforts have been made to describe the program at time of print but details may be subject to change if speakers become unavailable.'

