

A PLACE TO BELONG

An Anglicare Mental Health Network

LETTING GO OF THE PAST AND FORGIVENESS

Life involves pain and hurt for all of us. Learning to deal with this is a mental health skill that we can all develop. At today's workshop Thomas Wong and Owen Strong will help us understand what this might mean.

We would like to invite you to this Workshop on

Sunday, 5 August 2012

2:00 pm to 4:30 pm

At The Parish Centre, Anglican Parish of St Thomas,
67 High St, Toowong (bus approx 300m, train approx 400m).

Up the stairs between the church and 'Data 3' building.

Look for the 'A Place to Belong' banner.

Parking available under the Data 3 building in High Street, and in Jephson and High Street.

- We will enjoy afternoon tea. Bring something to share if you can.
- We will hear updates on what is happening next year.

You are welcome to bring a friend.

There is no cost

*If you have any questions please feel free to contact
Neil on 3217 2522*